



Tender Hearts visits Shree Harisiddhi Secondary School in Nepal

Centreville, Virginia, May 8, 2024 -- *On Thursday, March 14th, 2024, the Community Program Manager from the PKP Tender Hearts Foundation in Nepal paid a visit to Shree Harisiddhi Secondary School.*

On Thursday, March 14th, 2024, the Community Program Manager from the PKP Tender Hearts Foundation in Nepal paid a visit to Shree Harisiddhi Secondary School. Upon arrival, they were greeted by the delightful sight of children playing with joyous expressions. During their visit, they had the privilege of

meeting with the Vice Principal, Mr. Sukra Thapa, who graciously offered a tour of the school.

The principal was very grateful and talked highly about the PKP Tender Hearts Foundation for their continuous support and generosity towards the school and the students. The PKP Tender Hearts Foundation helped the school during COVID, installing a drinking water fountain inside the school premises and, in 2024, provided funding for school meals for students up to grade 6. Mr Sukra Thapa mentioned that he has noticed significant changes in students' cognitive ability and energy levels since the school started providing breakfast and lunch to the students. He also mentioned that there are some parents who volunteer to prepare the meals at school and the school even has a nurse who makes sure that the meals provided are nutritious and safe to eat.

Most of the students at the school come from families who are at the poverty level and both parents are working. Thus, the majority of the students are dropped off at the school before their parents start their workday which means students get to school with empty stomachs. Two meals a day (breakfast and lunch) for those students means more than just the opportunity to eat something healthy, it also provides relief to their struggling families who have to work many hours, just to make ends meet. In addition, the cost is actually only rupees 15 per student and the remaining expenses are covered by one of the Chinese organizations.

The PKP Tender Hearts Foundation Program Manager said "When you see these kids and realize that they can stay happy and healthy, if we could only contribute about \$10 a day, I personally feel compelled to make it happen even if that means sacrificing some of my personal needs."

More photos and a video are available on our website at <https://www.thfva.org>

About PKP Tender Hearts Foundation:

PKP Tender Hearts Foundation is a 501(c)(3) non-profit based in Centreville, Virginia. Their mission is to preserve Nepali culture within children in the United States to remind them where their true roots lie, spread education in Nepal to those who do not get the opportunity to learn, and unite everyone of all ages, from the younger generation to the elderly.

